



# PLAINVIEW-OLD BETHPAGE

DEPARTMENT OF PHYSICAL EDUCATION, HEALTH, ATHLETICS AND RECREATION

JOSEPH BRAICO, DIRECTOR

PHONE -516-434-3100

EMAIL – JBRAICO@POBSCHOOLS.ORG

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December 13, 2021

Dear Parents/Guardians,

Please be advised of the following procedures for the Boys Only (12/16/21) and Girls Only (1/6/22) Winter track meets at St. Anthony's High School.

1. All teams will be permitted to enter a maximum of 4 athletes per event, including the Long Jump and Shot Put.
2. All teams will be permitted to enter No More Than 1 (one) 4 x 200m Relay Team.
3. In the Long Jump and Shot Put, each athlete will be allowed 2 (two) attempts/throws.
4. **NO SPECTATORS** are permitted at St. Anthony's!
5. Face masks **MUST** be worn by **EVERYONE AT ALL TIMES** as well as athletes while they are competing!
6. **NO SPIKES** are permitted on the St. Anthony's track surface or Long Jump runway or Shot Put Circle.

These procedures will not allow us to bring all of our student athletes to their respective track meets. A team travel list will be released on the Tuesday before the event @ 12:00pm on the teams google classroom.

If you have any questions about the procedures please feel free to reach out to your student athlete's head coach.

Thank you and GO HAWKS!!!!

*Joseph Braico*

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